

THE WORKS OF MERCY

Life is full of opportunities to practice the Works of Mercy. You just need to become more aware of the needs around you and learn how you may best meet them. Look around to see where and how you can serve. As you practice them throughout your life, you will experience them as a source of abundant graces, strength and spiritual satisfaction. **GOD WILL BLESS YOUR EFFORT.**

Each child is asked to complete 15 Works of Mercy hours during their 7th grade year and again during 8th grade. Those 15 hours are divided into 5 hours for three different categories. Those five hours can be several activities or one activity that took 5 hours. The main thing to remember is that there should be multiple activities making up the 15 hours, not just 15 hours at one thing.

Below is a description and examples of each of the categories. If you have any questions, please don't hesitate to reach out to the RF Office.

Family/ Community: Chores that are *above and beyond* those already expected of you and that are something you wouldn't normally choose to do are the best example. Most events that benefit others and are held in your local community are also ways to fulfill your service hours in this area. These might include volunteering at an animal shelter, a hospital, a nursing home, a soup kitchen or with the Sports Unity program.

Parish: These hours should be obtained through assisting at events at the parish. We often send out these opportunities in emails and are happy to help you determine which would be the most fitting for you. In addition to those, Altar servers and RF Aides are able to use these activities to fulfill their Parish hours.

Spiritual: Though this category may seem too vague, it is by far one of the most beneficial. Participation at any special Mass or service would qualify such as the Holy Week Services, attending the Stations of the Cross, a Living Nativity or even watching a religious movie. You could say a Rosary with a family member, spend time reading Scripture and discuss it with a parent or attend an additional retreat.

Works of Mercy Hours Due Back in Sept 2019
15 Hours in 7th grade and another 15 hours in 8th grade

Student Name: _____ *2018/19 Grade:* _____

Serving your family/community 5 required hours	Signature Verifying Performance	Time Spent on Activity
Serving your parish 5 required hours		
Spiritual Development 5 required hours		